



Health Specific Guidelines for Excluding Students

Condition	Exclusion/Non-Exclusion Criteria	Readmission Criteria
Chickenpox (<i>Varicella</i>)	<ul style="list-style-type: none"> Exclude infected student until all blisters are crusted. Exclude vaccine-exempt students when 5 cases in two months have occurred in the same kindergarten class or grade level. Complete and submit Utah Department of Health Chickenpox School Reporting Form. 	When all blisters have scabbed over, usually 5-6 days after the start of the rash or may return in 24 hours if no new lesions.
Colds, Sore Throat, or a Persistent Cough	<ul style="list-style-type: none"> No exclusion required <i>unless</i> student feels unwell or has a fever and/or student is unable to participate in routine school activities due to condition. Student should be able to follow cough etiquette (cough in sleeve). 	Fever free for 24 hours without using any fever-reducing medications & symptoms do not interfere with routine school activities.
Diarrhea (An increased number of loose, watery stools compared with the student's normal pattern.)	<ul style="list-style-type: none"> Exclude if not consistent with student's normal pattern 	Symptom free for 24 hours or once a healthcare provider has cleared to return to school
Fifth Disease (<i>Parvovirus</i>)	<ul style="list-style-type: none"> No exclusion required <i>unless</i> student feels unwell or has a fever. Once the student has a rash, they are no longer contagious. <i>Pregnant women exposed to infected student should contact their physician.</i> 	Fever free for 24 hours without using any fever-reducing medications.
Hand, Foot and Mouth Disease	<ul style="list-style-type: none"> No exclusion required <i>unless</i> student feels unwell, is unable to control their saliva, or has a fever. 	Fever free for 24 hours without using any fever-reducing medications.
Head Lice	<ul style="list-style-type: none"> Only exclude students with untreated live lice. Refer to school's Head Lice Management Protocol. 	After the first treatment.
Impetigo	<ul style="list-style-type: none"> Exclude if sore is oozing and cannot be covered. No exclusion if sore can be covered or is dry and shows signs of healing. 	Fever free for 24 hours without using any fever-reducing medications.
Flu (<i>Influenza</i>) Types A and B	<ul style="list-style-type: none"> No exclusion required unless student feels unwell or has a fever and/or student is unable to participate in routine school activities due to condition. 	Fever free for 24 hours without using any fever-reducing medications.
Marked Drowsiness/Malaise	<ul style="list-style-type: none"> Exclude if student is unable to actively participate in routine school activities. 	Symptom free for 24 hours.
Mononucleosis (<i>Epstein-Barr virus</i>)	<ul style="list-style-type: none"> No exclusion required <u>unless</u> student feels unwell, has a fever and/or student is unable to participate in routine school activities due to condition. Some students may take months to regain their former level of energy but may still attend school. 	Fever free for 24 hours without using any fever-reducing medications and able to participate in routine school activities.
MRSA (<i>Methicillin Resistant Staphylococcus Aureus</i>)	<ul style="list-style-type: none"> Exclude if wound cannot be covered or wound drainage cannot be contained with a clean, <u>dry</u> bandage taped on all sides/edges. No exclusion if wound can be appropriately covered or is dry and shows signs of healing. Students with lesions on uncovered skin, or lesions that are draining or oozing, even if appropriately covered, may not participate in close contact activities or sports. 	24 hours after effective antimicrobial treatment is started or oozing wound is appropriately covered and wound drainage can be contained with a clean, dry bandage taped on all sides/edges.



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Pink Eye (<i>Conjunctivitis</i>) Purulent Conjunctivitis Non-Purulent Conjunctivitis	<ul style="list-style-type: none"> ● Exclude: Purulent Conjunctivitis defined as pink or red eye with which or yellow eye discharge, often with matted eyelids after sleep and eye pain or redness of the eyelids or skin surrounding the eye. ● Non-Exclusion: Non-Purulent Conjunctivitis defined as pink eye with a clear, watery eye discharge without fever, eye pain, or eyelid redness. <p><i>Student should be reminded to avoid touching eyes and to wash hands often.</i></p>	Purulent Conjunctivitis: 24 hours after treatment is started or until cleared by healthcare provider to return to school. Non-Purulent Conjunctivitis: Does not require exclusion.
Rash with a Fever	<ul style="list-style-type: none"> ● Exclude following the temperature/fever guidelines below. 	When a healthcare provider has determined that the illness is not a communicable disease.
Ringworm	<ul style="list-style-type: none"> ● Exclude at end of school day when first discovered. While at school, rash needs to remain appropriately covered. 	Once treatment is started, usually with an anti-fungal cream. Avoid contact activities and sports for 72 hours (e.g., wrestling).
Scabies	<ul style="list-style-type: none"> ● Exclude until seen by healthcare provider and/or until treatment has been initiated. 	Day following treatment.
Shingles	<ul style="list-style-type: none"> ● Exclude if rash cannot be appropriately covered. 	When all lesions have crusted or when rash can be appropriately covered.
Sores (<i>Any Skin Lesions in a Weeping Stage</i>)	<ul style="list-style-type: none"> ● No exclusion needed if sores are appropriately covered and/or diagnosed as non-infections. 	When sores can be appropriately covered and/or diagnosed as non-infectious.
Strep Throat and Scarlet Fever (<i>Scarlet Fever is Strep Throat with a Rash</i>)	<ul style="list-style-type: none"> ● Exclude until seen by healthcare provider and treatment is initiated. 	24 hours after antibiotic treatment is started.
Temperature/Fever	<ul style="list-style-type: none"> ● Exclude for a temperature/fever = or > 100.4° F (38°C) 	Fever free for 24 hours without using any fever-reducing medications.
Vomiting/Severe Abdominal Pain	<ul style="list-style-type: none"> ● Exclude at first symptom. 	Symptom free for 24 hours.

The following diseases/conditions require immediate reporting to your Local Health Department:

Pertussis (*Whooping Cough*)

Measles

Meningitis

Tuberculosis

Rubella (*German Measles*)

Mumps

Hepatitis A & B

Food Poisoning

Gastroenteritis (*Giardiasis, Shigellosis, Campylobacter*)

COVID-19

Reviewed by

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Date